

## *“The Sabbath Was Made for Man Not Man for the Sabbath The Son of Man is Lord of the Sabbath”*

<sup>23</sup> And it happened that He was passing through the grainfields on the Sabbath, and His disciples began to make their way *along* while picking the heads *of grain*. <sup>24</sup> The Pharisees were saying to Him, “Look, why are they doing what is not lawful on the Sabbath?” <sup>25</sup> And He \*said to them, “Have you never read what David did when he was in need and he and his companions became hungry; <sup>26</sup> how he entered the house of God in the time of Abiathar *the* high priest, and ate the consecrated bread, which is not lawful for *anyone* to eat except the priests, and he also gave it to those who were with him?” <sup>27</sup> Jesus said to them, “The Sabbath was made for man, and not man for the Sabbath. <sup>28</sup> So the Son of Man is Lord, even of the Sabbath.”

(Mark 2:23-28)

### **The Pharisees’ Presumptuous Interpretations**

613 Laws “Fences” the Pharisees Added to the Law of Moses

*“Look, why are they doing what is not lawful on the Sabbath”*

- “Picking heads of the grain” = *Reaping*
- Extracting the Kernel to Eat = *Grinding*
- Jesus, the Rabbi, Allowing Blatant Breaking of the Sabbath Law

### **Jesus’ Reply**

#### **1. David & His Men Eating the Consecrated Bread**

##### **1 Samuel 21:1-6**

Then David came to Nob, to Ahimelech the priest; and Ahimelech came trembling to meet David and said to him, “Why are you alone, and no one with you?” <sup>2</sup> David said to Ahimelech the priest, “The king has commissioned me with a matter and has said to me, ‘No one is to know anything about the matter on which I am sending you and with which I have commissioned you; and I have directed the young men to a certain place.’ <sup>3</sup> Now then, what do you have on hand? Give me five loaves of bread, or whatever can be found.” <sup>4</sup> The priest answered David and said, “There is no ordinary bread on hand, but there is consecrated bread, if only the young men have kept themselves from women.” <sup>5</sup> David answered the priest and said to him, “Be assured, women have been denied to us as previously when I left and the bodies of the young men were consecrated, though it was an ordinary journey; how much more then will their bodies be consecrated today?” <sup>6</sup> So the priest gave him consecrated *bread*; for there was no bread there except the bread of the Presence which was removed from *its place* before the Lord, in order to put hot bread *in its place* on the day it was taken away.

- A Higher \_\_\_\_\_?

## 2. “The Sabbath Was Made for Man and Not Man for Sabbath”

- The \_\_\_\_\_ and \_\_\_\_\_ Behind Law?

Genesis 2:2-3

Exodus 20:8-11

Deuteronomy 5:12-15

Notes:

*“The sabbath is delivered to you; you are not delivered to the sabbath”*

Rabbi Simeon ben Menasya

Rabbinical Commentary on Exodus 31:14

- The sabbath day was created to meet a \_\_\_\_\_ and the day is best \_\_\_\_\_ when \_\_\_\_\_ is met on it.

Mark 3:1-6

He entered a synagogue again; and a man was there whose hand was withered. <sup>2</sup> And they were watching Him closely to see if He would heal him on the Sabbath, so that they might accuse Him. <sup>3</sup> He \*said to the man with the withered hand, “Get up and come forward!” <sup>4</sup> And He \*said to them, “Is it lawful to do good on the Sabbath or to do harm, to save a life or to kill?” But they kept silent. <sup>5</sup> After looking around at them with anger, grieved at their hardness of heart, He \*said to the man, “Stretch out your hand.” And he stretched it out, and his hand was restored. <sup>6</sup> The Pharisees went out and immediately *began* conspiring with the Herodians against Him, as to how they might put Him to death.

2 Cor. 3:6

Christ...made us adequate as servants of a new covenant, not of the letter but of the Spirit; **for the letter kills, but the Spirit gives life.**

## 3. “The Son of Man is Lord of Sabbath”

- The Context Shows a Constant Questioning of \_\_\_\_\_

2:5-11

Jesus, seeing their faith, \*said to the paralyzed man, “Son, your sins are forgiven.” <sup>6</sup> But some of the scribes were sitting there and thinking *it* over in their hearts, <sup>7</sup> “Why does this man speak that way? He is blaspheming! Who can forgive sins except God alone?” <sup>8</sup> Immediately Jesus, aware in His spirit that they were thinking that way within themselves, \*said to them, “Why are you thinking about these things in your hearts? <sup>9</sup> Which is easier, to say to the paralyzed man, ‘Your sins are forgiven’; or to say, ‘Get up, and pick up your pallet and walk’? <sup>10</sup> But so that you may know that the Son of Man has authority on earth to forgive sins”—He \*said to the paralyzed man, <sup>11</sup> “I say to you, get up, pick up your pallet, and go home.”

2:16-17

<sup>16</sup> When the scribes of the Pharisees saw that He was eating with the sinners and tax collectors, they said to His disciples, “Why is He eating with tax collectors and sinners?” <sup>17</sup> And hearing *this*, Jesus \*said to them, “It is not those who are healthy who need a physician, but those who are sick; I did not come to call the righteous, but sinners.”

**2:18**

The Pharisees were fasting; and they \*came and \*said to Him, **“Why do John’s disciples and the disciples of the Pharisees fast, but Your disciples do not fast?”** <sup>19</sup> And Jesus said to them, **“While the groom is with them, the attendants of the groom cannot fast, can they? As long as they have the groom with them, they cannot fast.** <sup>20</sup> **But the days will come when the groom is taken away from them, and then they will fast, on that day.**

**(Remember 3:1-6)**

Notes:

## Final Application & Takeaways

1.

2.

3.