A Study in Ephesians

The Armor of God:

Shoes of Gospel Peace

For shoes, put on the peace that comes from the Good News so that you will be fully prepared. (Eph. 6:15).



Caligae are heavy-duty, thick-leathered open boots with metalstudded soles. They were worn by Roman calvary and footsoldiers, and possibly by some centurions.

Why Shoes Linked with the Peace of the Gospel?

Firm Footing for the Rough Terrain of Life

Stabilizes Your Walk...Not Easily Tripped Up by Anxiety or Fear.

Philippians 4:4-7

Always be full of joy in the Lord. I say it again—rejoice! ⁵ Let everyone see that you are considerate in all you do. **Remember, the Lord is coming soon**. ⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Going the Distance With Others

Life Together

Galatians 6:1-3

Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself. Share each other's burdens, and in this way obey the law of Christ. If you think you are too important to help someone, you are only fooling yourself. You are not that important.

Romans 15:1-2

We who are strong must be considerate of those who are sensitive about things like this. We must not just please ourselves. ² We should help others do what is right and build them up in the Lord.

- Walking Where Others Walk
 - Walk With the Hurting and Carry Their Pain With Them

1 Cor. 9:22-23

When I am with those who are weak, I share their weakness, for I want to bring the weak to Christ. Yes, I try to find common ground with everyone, doing everything I can to save some. I do everything to spread the Good News and share in its blessings.

Galatians 6:10 Whenever you have the opportunity, you should do good to everyone.

Longevity – Endurance in Relationships

Giving Up No Ground to the Enemy

James 4:7-8

Humble yourselves before God. Resist the devil, and he will flee from you. ⁸ Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world...

Next Week:

- o Belt of Truth
- o Body Armor of Righteousness
- o Shoes of Peace & Good News
- Shield of Faith
- Helmet of Salvation
- Sword of the Spirt
- o Air Cover of Prayer