

# Let Everything Within Me Bless the Lord!

## **Forgetting...is the Virus of the Soul**

### **Deuteronomy 6:10-12**

“Then it shall come about when the Lord your God brings you into the land which He swore to your fathers, Abraham, Isaac and Jacob, to give you, great and splendid cities which you did not build, and houses full of all good things which you did not fill, and hewn cisterns which you did not dig, vineyards and olive trees which you did not plant, and you eat and are satisfied, **then watch yourself, that you do not forget the Lord** who brought you from the land of Egypt, out of the house of slavery.

- Depression
- Fear
- Anger
- Complaint & Accusation
- Hopelessness
- Doubt & Despair

### **Isaiah 49:14-16**

**“...The Lord has forsaken me, And the Lord has forgotten me.”**

“Can a woman forget her nursing child and have no compassion on the son of her womb? Even these may forget, but **I will not forget you.**

**“Behold, I have inscribed you on the palms of My hands; Your walls are continually before Me.**

## **Blessing the Lord With All that is Within You...is the Vaccine (Giving Thanks)**

### **Psalms 103:1-5**

Bless the Lord, O my soul, And **all that is within me, bless His holy name.** Bless the Lord, O my soul And **forget none of His benefits:**

- <sup>3</sup>Who **pardons all your iniquities,**
  - “Miracle of Mercy”  
*If the walls could speak of the times I've been weak,  
Could I show my face, if it weren't for the grace...of Jesus*
- Who **heals all your diseases;**
  - I have been here before...
  - I have walked this valley...and with Him... I walked out...!
  - And I will again...either this side of the mountain, or that side...either side – with Him.
- <sup>4</sup>Who **redeems your life from the pit,**
  - How many times have I been in trouble?!
  - Said something, done something, not done something, made irreversible mistakes...
    - Time, Money, Relationships, Safety...

- Who **crowns you with lovingkindness and compassion;**
  - The *Corona* Virus “crowns” me with fear...lays my head low...weighs it down...
  - But God crowns me...He ordains me...gentle, unfailing, unconditional, eternal love
    - He says “Rise, sons and daughters of the King...”
    - “...the Lifter of My Head”

- <sup>5</sup>Who **satisfies your years with good things so that your youth is renewed like the eagle...**
  - Every good thing in my life...my life itself...is a gift from His hand

### **Psalms 14:1**

#### **The Fool says in his heart “There is no God.”**

- Written for the Believer...
- The Believer Who Forgets...
- When Circumstances & Trials Cause us to Doubt, Fear, and Be Anxious ...
- When We Act and Think Like There is No God...
- When the virus has filled your lungs, and you can hardly breathe...Continually Give Thanks

**Bless The Lord With All That's Within You...  
“10,000 Reasons” For Your Heart to Find...**