

Changing the Way You Think (3)

“The ABC’s of Changing The Way We Think”

We have been focused on Romans 12:2

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

2020 has caused many of us to fear, worry, have anxiety, and be afraid, but we are not designed that way.

- Many of us might still feel those feelings.

Authority and Power:

God is the ultimate authority and power but he also gives us a spirit of power, love, and of a sound mind.

Joshua 1:9

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

2 Timothy 1:7

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

We resonate with these verses because we were designed with a spirit of fearlessness.

Believe That God is In Control:

- What do you believe to be true about God?
- Do you believe that God is in control of your life?

Joshua 3:15-16...

Now the Jordan is at flood stage all during harvest. Yet as soon as the priests who carried the ark reached the Jordan and their feet touched the water’s edge, the water from upstream stopped flowing. It piled up in a heap a great distance away, at a town called Adam in the vicinity of Zarethan, while the water flowing down to the Sea of the Arabah (that is, the Dead Sea) was completely cut off. So, the people crossed over opposite Jericho.

God calls us to stand firm in the midst of our ...

- Struggle
- Uncertainty
- Worry
- Fear
- Doubt
- Anxiety

And ... He has given us the ability to do to stand firm.

- God commands Joshua the be strong and courageous (Joshua 1:9)
- He commands the same of us.
- He designed us with a spirit of power, love, and a sound mind (2 Timothy 1:7)

Concentration and Focus:

Where are we looking?	What are focused on?	Who are we centered on?
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Matthew 14:27-33

But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." "Lord, if it's you," Peter replied, "tell me to come to you on the water." "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. ³⁰ But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?" And when they climbed into the boat, the wind died down. ³³ Then those who were in the boat worshiped him, saying, "Truly you are the Son of God."

When we put our focus, trust, and hope in Jesus, our minds, actions, and hearts begin to change. Then we can begin to change the way we think and ultimately become transformed like described in Romans 12:2

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