

Changing the Way You Think

Church and Culture

Purpose (Part 3): *The Ultimate Life Hack*

Identity * Purpose * Success * Beauty * Love * Hope

Single Mothers

"I think moms, single or not, put a tremendous amount of pressure on ourselves trying to balance it all – But it NEVER seems to be..." -- Denise Richards

Religion

Matthew 23:1-4

Then Jesus spoke to the crowds and to His disciples,² saying: "The scribes and the Pharisees have **seated themselves in the chair of Moses.** ³Therefore, whatever they tell you, do and comply with it all, but do not do as they do; for they say *things* and do not do *them.* ⁴**And they tie up heavy burdens and lay them on people's shoulders, but they themselves are unwilling to move them with so much as their finger.**

Jesus

Matthew 11:28-30

"Come to me all you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

- The metaphor of the field of my life
 - Plowing, Weeding, Removing Rocks, Planting, Watering...
 - Hoping that the many, many things you can't control will work in your favor...
 - Hoping for the harvest...
- No wonder the Apostle Paul tries to encourage us...

Galatians 6:9 "Don't let yourself get discouraged, because in due time you will reap a harvest..."
- Jesus doesn't say I'll remove all yokes (burdens) from your life...But He promises another way...a lighter way (than the world or religion's way)...
- Even a restful way...If we watch and learn how He did it.

So How Did Jesus Do It?

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